

Shanti Path

Om purnimadah purnamidam
Purnat purnamudachyate
Purnasya purnamadaya
Purnamevava shishyate

Shanti Path

Om sahanaa vavatu
Sahanau bhunaktu
Sahaveeryam karavaavahai
Tejasvinaa vadheetamastu
Maa vid vishaa vahai
Om shanti shanti shanti

Mantras

Gayatri Mantra

Om bhur bhuvaha svaha
Tat savitur varenyam
Bhargo devasya dheemahi
Dhiyo yonaha prachodayat

Maha Mrityanjaya Mantra

Om trayambakam yajamahe
Sugandhim pushtivardhanam
Urvarukamiva bandhanat
Mrityor mukshiya mamritat



Shanti Path

Asato ma sad gamaya
Tamaso ma jyotir gamaya
Mrityor ma amritam gamaya
Saravesham svastir bhavatu
Saravesham shantir bhavatu
Saravesham purnam bhavatu
Saravesham mangalam bhavatu
Lokah samastah sukhino bhavatu
Om trayambakam yajamahe
Sugandhim pushtivardhanam
Urvarukamiva bandhanat
Mrityor mukshiya mamritat
Om shanti shanti shanti